

2018-2019 — ELEMENTARY AND MIDDLE SCHOOL MENU

Rogers City Area Schools are an equal opportunity employer.

Lunch served to Elementary students only on half days

Menu is subject to change without notice.

Monday

Breakfast Pizza, Cherry or Apple Frudel,
Mini Bagels w/ Creamy Cheese
Yogurt & String Cheese,
Cinnamon Rice Chex Cereal
Cinnamon Applesauce, Orange Smiles, Craisins
1% or Skim Milk

Tuesday

Egg, Sausage & Cheese Biscuit,
Cereal Bar, Yogurt Parfait,
Rice Krispies & Apple Jacks Cereal
Fresh Fruit Cups
Raisins, Apple, Banana
1% or Skim Milk

Wednesday

Mini Maple Pancakes w./ syrup
French Toast Sticks w/ syrup
Sausage Links, Frosted Flakes
String Cheese, Yogurt
Cinnamon Applesauce, Pears, Orange Juice
1% or Skim Milk

Thursday

Blueberry Muffin, Breakfast Rounds
Oatmeal, Banana Bread
Yogurt Parfaits, Granola Bar
Craisins, Banana, Pear, Apple Juice
1% or Skim Milk

Friday

Scrambled Eggs with Toast, Goody Ring,
Pancake on a Stick
Frosted Flakes, Mini Wheats
Yogurt String Cheese
Orange Smiles, Strawberry Cup, Pear, Apple Juice,
1% or Skim Milk

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
| Teriyaki Dippers Brown Rice, Steamed Broccoli, Baby Carrots, Applesauce, Raisins, Choice of Milk, Ranch Dressing | Sloppy Joe Baked Chips, Celery Stick, Side Kick Slushy Watermelon, Diced Peaches, Choice of Milk, Ranch Dressing | Tacos Refried Beans, Lettuce & Toma- toes, Red Grapes, Apples, Mild Salsa, Choice of Milk Ranch Dressing | Pizza Calzone Tossed Salad, Cucumber Slices, Green Peas, Mixed Peppers Diced Pears, Orange Smiles, Choice of Milk Ranch Dressing, | Hot Dog on a Bun Baked Beans, Baby Carrots, Funyuns, Strawberry Cup, Choice of Milk, Ranch Dressing, Ketchup & Mustard |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Cheeseburger/Hamburger Celery Sticks, Oven Fries, Water- melon, Apples, Choice of Milk, Ranch Dressing, Ketchup & Mustard | Chicken Tenders Buttered Noodles, Peas, Carrots, Diced Pears, Oranges, Dinner Roll, Choice of Milk, Ketchup & BBQ Sauce Cup | Cheese Pizza Tossed Spinach Salad, Cucumber Slices, Apple, Strawberry Cup, Choice of Milk, Ranch Dressing | Chicken and Cheese Quesadillas Mixed Peppers, Green Peas, Diced Peaches, Fresh Pear, Mild Salsa, Choice of Milk, Ranch Dressing | Breakfast for Lunch Pancakes, Scrambled Eggs, Turkey Sausage, Hash Brown Banana,, Raisins, Choice of Milk, Syrup |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Walking Taco Spanish Rice, Tossed Salsa Mixed Peppers, Mild Salsa d Orange Smiles, Diced Pears, Choice of Milk, Ranch Dressing | Oven Baked Chicken Drumsticks Peas and Carrots, Potato Wedges Pineapple , Apple Dinner Roll, Choice of Milk Ranch Dressing | Mini Corn Dogs Steamed Cauliflower, Cheetos, Strawberry Cup, Pears, Side Kick Slushy Chocie of Milk, Ranch Dressing, Mustard & Ketchup | Macaroni & Cheese Tossed Salad, Green Beans, Apple, Diced Peaches, Dinner Roll, Choice of Milk, Ranch Dressing | Chicken Patty Sandwich Potato Puffs, Lettuce & Toma- toes, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketch- up, Mustard & Mayonnaise |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Peanut Butter & Jelly Sandwich Cheez-it Crackers, Baby Carrots, Apple Slices, Choice of Milk, Ranch Dressing | Grilled Cheese and Tomato Soup Steamed Broccoli, Cucumber Slices, Fresh Fruit Cups, Choice of Milk, Ranch Dressing | Chicken Poppers Mashed Potatoes, Sweet Corn, Strawberry Cup, Apple, Dinner Roll, Choice of Milk, Ranch Dressing | Bosco Sticks Marinara Cup, Tossed Salad, Green Peas, Fresh Fruit Cups, Raisins, Choice of Milk, Ranch Dressing | Ham or Turkey Sub Cucumber Slices, Celery Sticks Red Grapes, Banana, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayonnaise |

Breakfast Options

September

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October

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November

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Middle School Students:

At a Cart items offered daily for cash
or positive student account sales.

Breakfast Prices:

K-5: Free
6-8: \$1.30
Reduced: \$0.40
Adults: \$2.30

Lunch Prices:

K-5: Free
6-8: \$2.85
Reduced: \$0.40
Adults: \$3.85
Milk: \$0.50

Heathy & Nutritious

Salad Bar offered at all Sites

1% flavored or Fat Free Unflavored Milk

Pay Online for School Meals!

Pay online anytime using a debit
or credit card and view your
student's account at:

www.sendmoneytoschool.com

2018-2019 — HIGH SCHOOL MENU

Menu is subject to change without notice.

Breakfast Options

Monday

Breakfast Pizza, Cherry or Apple Frudel,
Mini Bagels w/ Creamy Cheese
Yogurt & String Cheese,
Cinnamon Rice Chex Cereal
Cinnamon Applesauce, Orange Smiles, Craisins
1% or Skim Milk

Tuesday

Egg, Sausage & Cheese Biscuit,
Cereal Bar, Yogurt Parfait,
Rice Krispies & Apple Jacks Cereal
Fresh Fruit Cups
Raisins, Apple, Banana
1% or Skim Milk

Wednesday

Mini Maple Pancakes w./ syrup
French Toast Sticks w/ syrup
Sausage Links, Frosted Flakes
String Cheese, Yogurt
Cinnamon Applesauce, Pears, Orange Juice
1% or Skim Milk

Thursday

Blueberry Muffin, Breakfast Rounds
Oatmeal, Banana Bread
Yogurt Parfaits, Granola Bar
Craisins, Banana, Pear, Apple Juice
1% or Skim Milk

Friday

Scrambled Eggs with Toast, Goody Ring,
Pancake on a Stick
Frosted Flakes, Mini Wheats
Yogurt String Cheese
Orange Smiles, Strawberry Cup, Pear, Apple Juice,
1% or Skim Milk

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
| Teriyaki Dippers Brown Rice, Steamed Broccoli, Baby Carrots, Applesauce, Raisins, Choice of Milk, Ranch Dressing | Sloppy Joe Baked Chips, Celery Stick, Side Kick Slushy Watermelon, Diced Peaches, Choice of Milk, Ranch Dressing | Tacos Refried Beans, Lettuce & Toma- toes, Red Grapes, Apples, Mild Salsa, Choice of Milk Ranch Dressing | Pizza Calzone Tossed Salad, Cucumber Slices, Green Peas, Mixed Peppers Diced Pears, Orange Smiles, Choice of Milk Ranch Dressing, | Hot Dog on a Bun Baked Beans, Baby Carrots, Funyuns, Strawberry Cup, Choice of Milk, Ranch Dressing, Ketchup & Mustard |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Cheeseburger/Hamburger Celery Sticks, Oven Fries, Water- melon, Apples, Choice of Milk, Ranch Dressing, Ketchup & Mustard | Chicken Tenders Buttered Noodles, Peas, Carrots, Diced Pears, Oranges, Dinner Roll, Choice of Milk, Ketchup & BBQ Sauce Cup | Cheese Pizza Tossed Spinach Salad, Cucumber Slices, Apple, Strawberry Cup, Choice of Milk, Ranch Dressing | Chicken and Cheese Quesadillas Mixed Peppers, Green Peas, Diced Peaches, Fresh Pear, Mild Salsa, Choice of Milk, Ranch Dressing | Breakfast for Lunch Pancakes, Scrambled Eggs, Turkey Sausage, Hash Brown Banana,, Raisins, Choice of Milk, Syrup |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Walking Taco Mexican Rice, Tossed Salsa Mixed Peppers, Mild Salsa d Orange Smiles, Diced Pears, Choice of Milk, Ranch Dressing | Oven Baked Chicken Drumsticks Peas and Carrots, Potato Wedges Pineapple , Apple Dinner Roll, Choice of Milk Ranch Dressing | Mini Corn Dogs Steamed Cauliflower, Cheetos, Strawberry Cup, Pears, Side Kick Slushy Choice of Milk, Ranch Dressing, Mustard & Ketchup | Macaroni & Cheese Tossed Salad, Green Beans, Apple, Diced Peaches, Dinner Roll, Choice of Milk, Ranch Dressing | Chicken Patty Sandwich Potato Puffs, Lettuce & Toma- toes, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketch- up, Mustard & Mayonnaise |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Crispito's Spanish Rice, Refried Beans, Orange Smiles, Diced Pears, Choice of Milk, Mild Salsa | Grilled Cheese and Tomato Soup Steamed Broccoli, Baby Carrots Fresh Fruit Cups, Choice of Milk, Ranch Dressing | Chicken Poppers Mashed Potatoes, Sweet Corn, Strawberry Cup, Apple, Dinner Roll, Choice of Milk, Ranch Dressing | Bosco Sticks Marinara Cup, Tossed Salad, Green Peas, Fresh Fruit Cups, Raisins, Choice of Milk, Ranch Dressing | Ham or Turkey Sub Cucumber Slices, Celery Sticks Red Grapes, Banana, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayonnaise |

September

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October

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November

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All a Cart items offered daily for cash or positive student account sales.

Breakfast Prices:

6-12: \$1.30
Reduced: \$.30
Adult: \$2.30

Lunch Prices:

6-12: \$2.85
Reduced: \$.40
Adult: \$3.85
Milk: \$.50

Heathy & Nutritious

Salad Bar offered at all Sites

1% flavored or Fat Free Unflavored Milk

Pay Online for School Meals!

Pay online anytime using a debit or credit card and view your student's account at:

www.sendmoneytoschool.com

2018-2019 — ST. IGNATIUS LUNCH MENU

Menu is subject to change without notice.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| Teriyaki Dippers Brown Rice, Steamed Broccoli, Baby Carrots, Applesauce, Raisins, Choice of Milk, Ranch Dressing | Sloppy Joe Baked Chips, Celery Stick, Side Kick Slushy Watermelon, Diced Peaches, Choice of Milk, Ranch Dressing | Tacos Refried Beans, Lettuce & Tomatoes, Red Grapes, Apples, Mild Salsa, Choice of Milk Ranch Dressing | Pizza Calzone Tossed Salad, Cucumber Slices, Green Peas, Mixed Peppers Diced Pears, Orange Smiles, Choice of Milk Ranch Dressing, | Hot Dog on a Bun Baked Beans, Baby Carrots, Funyuns, Strawberry Cup, Choice of Milk, Ranch Dressing, Ketchup & Mustard |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Cheeseburger/Hamburger Celery Sticks, Oven Fries, Watermelon, Apples, Choice of Milk, Ranch Dressing, Ketchup & Mustard | Chicken Tenders Buttered Noodles, Peas, Carrots, Diced Pears, Oranges, Dinner Roll, Choice of Milk, Ketchup & BBQ Sauce Cup | Cheese Pizza Tossed Spinach Salad, Cucumber Slices, Apple, Strawberry Cup, Choice of Milk, Ranch Dressing | Chicken and Cheese Quesadillas Mixed Peppers, Green Peas, Diced Peaches, Fresh Pear, Mild Salsa, Choice of Milk, Ranch Dressing | Breakfast for Lunch Pancakes, Scrambled Eggs, Turkey Sausage, Hash Brown Banana., Raisins, Choice of Milk, Syrup |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Walking Taco Spanish Rice, Tossed Salsa Mixed Peppers, Mild Salsa d Orange Smiles, Diced Pears, Choice of Milk, Ranch Dressing | Oven Baked Chicken Drumsticks Peas and Carrots, Potato Wedges Pineapple , Apple Dinner Roll, Choice of Milk Ranch Dressing | Mini Corn Dogs Steamed Cauliflower, Cheetos, Strawberry Cup, Pears, Side Kick Slushy Choice of Milk, Ranch Dressing, Mustard & Ketchup | Macaroni & Cheese Tossed Salad, Green Beans, Apple, Diced Peaches, Dinner Roll, Choice of Milk, Ranch Dressing | Chicken Patty Sandwich Potato Puffs, Lettuce & Tomatoes, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayonnaise |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Peanut Butter & Jelly Sandwich Cheez-it Crackers, Baby Carrots, Apple Slices, Choice of Milk, Ranch Dressing | Grilled Cheese and Tomato Soup Steamed Broccoli, Cucumber Slices, Fresh Fruit Cups, Choice of Milk, Ranch Dressing | Chicken Poppers Mashed Potatoes, Sweet Corn, Strawberry Cup, Apple, Dinner Roll, Choice of Milk, Ranch Dressing | Bosco Sticks Marinara Cup, Tossed Salad, Green Peas, Fresh Fruit Cups, Raisins, Choice of Milk, Ranch Dressing | Ham or Turkey Sub Cucumber Slices, Celery Sticks Red Grapes, Banana, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayonnaise |

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Heathy & Nutritious

Salad Bar offered at all Sites

1% flavored or Fat Free Unflavored Milk

Lunch Prices:

| | |
|-----------------|---------------|
| K-8: | \$2.35 |
| Reduced: | \$0.40 |
| Adults: | \$3.85 |
| Milk: | \$0.50 |